



AT CONRAD MIAMI

Imagine a spa that feels like it was made for you. With warmth and familiarity, surprising intuitiveness and a refreshing approach. Where innovative services and efficiency seamlessly come together to return you to your optimum state of well-being, whether you stay the whole day or half an hour. Not only through treatments, but through an atmosphere that transports you into a uniquely designed, locally inspired haven of harmony and lightness. Combining state-of-the-art treatments and techniques from the world's most exotic destinations into a restorative and rejuvenating journey. A journey to becoming an even better you.



MASSAGE

Indulge us with the opportunity to show you how extraordinary you can feel. Massage therapies are tailored to meet your every need. Relaxation, rejuvenation and total restoration are achieved through a mix of massage, aromatherapy and stretching that leave you feeling, well, perfect.

**COUPLES
ALLURE**

\$290 / \$360
50 min / 75 min

You and a loved one will enjoy a relaxing Swedish massage performed by our specially trained therapists in the comfort and privacy of our signature couples spa suite.

AROMATHERAPY

\$145 / \$180
50 min / 75 min

Personalize your massage with a selection of aromatherapy oil blends to encourage relaxation, energize the mind and body, or target muscle fatigue.

**MATERNITY
MASSAGE**

\$145
50 min

A relaxing massage specialized for expecting mothers.

**STRESS
RELIEF**

\$70
25 min

An on-the-go treatment designed to ease muscle tension in your neck, back, and shoulders

SWEDISH

\$130 / \$165
50 min / 75 min

This relaxing massage style incorporates movement to ease muscle pain, stimulate circulation and cleanse muscle tissue.

Add an essential spa foot or hand scrub for an additional \$20*

To reserve a spa treatment, please call 305.503.6533



MASSAGE

**HOT STONE
THERAPY**

\$165 / \$200

50 min / 75 min

This deeply relaxing and healing massage combines Swedish massage techniques with smooth heated stones. The heat has a profound effect on easing muscle tension and stimulating circulation.

**DEEP
TISSUE**

\$145 / \$180

50 min / 75 min

This deep massage was developed to relieve strained muscles from knots and painful tightening. Deep pressure is used to warm and relax muscle tissue.

**ULTIMATE TENSION
RELIEF**

\$170 / \$205

50 min / 75 min

An intense combination of full body deep tissue massage and hot stone back therapy is performed to provide the ultimate tension relief results.

IN-ROOM

\$170+ / \$205+

50 min / 75 min

The massage best suited for your treatment needs will take place conveniently in your own guest room. Swedish, Deep Tissue and Aromatherapy massage available.

Add an essential spa foot or hand scrub for an additional \$20*

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FACE

From balancing oily skin to smoothing fine lines and wrinkles, Essentially You facial therapies are tailored to efficiently meet your specific needs. With a thoughtful combination of exfoliation, moisturizing and advanced technologies, you are quickly returned to your naturally renewed self.

AGE CORRECTIVE FACIAL

\$170
50 min

This treatment infuses the skin with powerful antioxidants to restructure new skin cell development, renew collagen to target fine lines and wrinkles, firm the skin and encourage radiance.

CLEAR SKIN FACIAL

\$140
50 min

Pore cleansing acne solution designed to exfoliate and wash away skin impurities. Treatment is designed to heal and prevent current and future breakouts.

CALM SKIN FACIAL

\$140
50 min

Hypo-allergenic and naturally potent treatment for sensitive skin to help soothe irritation and relieve signs of rosacea.

ORGANIC FACIAL

\$130
50 min

A personalized facial implementing organic and natural products with traditional European deep cleansing methods.

ESSENTIAL SPA FACIAL

\$70
25 min

Three step on-the-go facial that will cleanse, exfoliate and moisturize the skin to achieve a bright and radiant complexion.

THE REFINED GENTLEMAN

\$130
50 min

This expert skin care from London is applied to treat men's skin at any age. The skin is calmed, soothed and protected from aggressive environmental stresses.

Add an essential spa foot or hand scrub for an additional \$20*

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ENHANCEMENTS

Give your treatment that extra care it thirsts for and experience a world of decadent nutrition with Essentially our enhancements. From personalized peels to invigorating facial massages, your skin will thank you for the extra care.

ORGANIC PEEL

\$20

A personalized facial peel that assists in targeting rosacea, dull skin, discoloration, acne, and/or fine lines and wrinkles. (Based on consultation)

INVIGORATING MASSAGE

\$20

A hot and cold addition to refresh and stimulate the skin. A warm stone and cold crystal therapy method is used to de-stress and relax.

LIP HYDRATION

\$15

Moisture-rich shea butter treatment that is completely petroleum and paraben-free.

CORRECTIVE EYE TREATMENT

\$25

Instantly smooth fine lines and wrinkles and reduce the appearance of dark circles and puffiness.

MAKE-UP APPLICATION

Starting at \$35

Enhance post-facial treatments, or prepare for a special occasion. Prices may vary based on consultation.

SCALP MASSAGE ENHANCEMENT

\$25

15 min

A relaxing addition to any massage, facial or body treatments. Our therapist will massage away tension using aromatherapy oils.

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BODY

Let us take you on an individualized journey of healing, rejuvenation and relaxation. Through targeted massage, invigorating scrubs and warming wraps, these Essentially You body therapies work quickly to bring your entire body back to a balanced and beautiful state of well-being.

**SIGNATURE
LUXURY
NOURISHMENT**

\$180
75 min

Mineral rich salts soaked in exotic Tahitian oils exfoliate and remove impurities. The body is wrapped in warm oil and silky body cream and the hands and feet are immersed in hydrating paraffin achieving the ultimate body indulgence.

**MOJITO BODY
GLOW**

\$130
50 min

Treat your senses to this delicious full body sugar scrub and skin softening body wrap, incorporating the refreshing scents of lime, mint and coconut.

SLIM & PURIFY

\$130
50 min

This detoxifying and firming treatment begins with a stimulating dry body brushing technique followed by a revitalizing body wrap. The skin is left refreshed and invigorated.

**ESSENTIAL SPA
POLISH**

\$70
25 min

An on-the-go body treatment including a full body exfoliation to remove dead skin cells, leaving the skin soft and supple.

**HYDROTHERAPY
BATH**

\$55
25 min

Calm the body and mind in The Spa's hydrotherapy tub where 144 jets soothe muscle tension and aromatherapy bath salts are added to increase relaxation.

**HAIR REMOVAL
SERVICES**

- Eye Brows \$25
- Lip \$15
- Chin \$15
- Face \$25
- Under Arm \$25
- Arm \$40+
- Leg \$40+
- Chest \$65
- Back \$65
- Bikini \$45+

Add an essential spa foot or hand scrub for an additional \$20*

To reserve a spa treatment, please call 305.503.6533



NAILS

Pamper every last inch of you with therapies that can be enjoyed separately or paired with other treatments. With our treatments, your hands and feet will get the attention they deserve.

**ESSENTIAL SPA
MANICURE**

\$30
25 min

Classic manicure including an arm and hand massage followed by an application of nail polish.

**ESSENTIAL SPA
PEDICURE**

\$45
45 min

Aromatic and exfoliating foot bath, classic pedicure including a foot massage and application of nail polish

**REFINED
GENTLEMAN'S
MANICURE**

\$25
25 min

Gentleman's nail grooming to clean and revive the appearance of hands. Includes nail clipping, shaping and buffing.

**REFINED
GENTLEMAN'S
PEDICURE**

\$40
45 min

Gentleman's nail grooming to exfoliate and revive the appearance of tired feet. Includes cuticle cleaning, nail clipping, shaping and buffing.

**NAIL SERVICE
TREATMENTS**

- UV Gel Manicure \$45
- UV Gel Pedicure \$55
- Shellac Manicure \$55
- Shellac Pedicure \$65

Enhancements:

- Paraffin Wax \$15
- Nail Polish Change \$15
- Hands or Feet Soak-off \$10

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THE SPA
AT CONRAD MIAMI
SIGNATURE
JOURNEYS

A collection of therapies that are uniquely inspired by local culture, expertise and breathtaking surroundings.

**SPA DAY
EXCLUSIVE**

\$400
4.5 hrs

Mojito Body Glow, 50-Minute Swedish massage, Organic Facial, Essential Spa Manicure and Essential Spa Pedicure treatment, a glass of champagne or wine and an exotic fruit platter.

**COUPLES
ALLURE+**

\$440
1.5 hrs

75-minute Aromatherapy couples massage, including an extended scalp massage, hydrating hand and foot treatment, and a glass of champagne or wine for each guest.

FOR HER

\$360
3 hrs

Luxury Nourishment, 50-minute organic facial or Swedish massage, Essential Spa Manicure and Pedicure, glass of champagne or wine.

FOR HIM

\$350
2.5 hrs

Hydrotherapy Bath, 50-minute Ultimate Tension Relief massage, The Refined Gentleman's Facial, and a glass of champagne or wine.

MOTHER TO BE*

\$280
2 hrs

Organic facial, 50 minute Maternity Massage, exotic fruit platter and seasonal refreshment.

*We do not perform massage treatments during the first trimester of pregnancy.

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Like you, The Spa at Conrad Miami is always evolving. Discovering new techniques, technologies, and treatments. Going to the ends of the earth to bring you the most impactful and empowering spa experience ever. The kind of experience that stays with you, giving you ever more ways to be your absolute best.

THE JOURNEY NEVER ENDS

The Spa at Conrad Miami

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